

MAP KEY



START MARKER



SWIM BOUYS



SWIM ROUTE
= 1 LOOP PER PERSON



BIKE ROUTE
= 3 LOOPS PER PERSON



RUN ROUTE
= 1 LOOP PER PERSON



TRANSITION AREAS

COURSE MAP



TRI SOCIETY

SWIM 1,2,3
TASSING AREA

SWIM 4
FINISH

SWIMMING STATION

BIKE 4
FINISH

GRANDSTAND

BIKE 2,3,4
OUT

RUN 1
OUT

ALL
BIKES
IN

BIKE 1
OUT

RUN
2,2,3
IN

RUN
2,3,4
OUT

TRANSITION 3 - RUN

TRANSITION 2 - BIKE

Adbolton Lane